



**Veterans Time Trials Association  
London and Home Counties  
Group**

**10 Mile Open Time Trial  
Sunday 17<sup>th</sup> July 2022**

**RESULTS**

**Course F11/10**

For and on behalf of Cycling Time Trials under  
their Rules & Regulations

## Organiser Contact Details

**Event Secretary: David Guy**  
**2-5 Warwick Court, London WC1R 5DH**  
**07711-697900**  
**ovcyclingclub@hotmail.co.uk**

## Officials

**Start Timekeeper: Gordon Hart**  
**Finish Timekeeper: Annette Lacey**

## Prize List

**Awards are made to VTTA members only.**

**VTTA Gold-Silver-Bronze Medals for Men BOS (Best On Standard) 1-2-3.**

**VTTA Gold-Silver-Bronze Medals for Women BOS 1-2-3.**

**VTTA Gold-Medals (each) for Club Team of 3 BOS.**

**VTTA Gold Medal - Fastest male rider on Actual Time**

**VTTA Gold Medal- Fastest female rider on Actual Time**

**1<sup>st</sup> Man on Standard, and 1<sup>st</sup> Women on Standard to receive an invitation to the LH&C Annual Luncheon and Prize Presentation.**

## Race report

Another very sunny day for the London and Home Counties 10 on the F11/10 for the 139 solo finishers, and 6 DNFs and 2 tandems. All 15 reserves were offered a ride and one them, Alex Doherty recorded the second fastest scratch time and another, 16 year old Patrick Casey was fourth on scratch. Richard Oakes held the youngsters at bay with 18.10 for fastest on scratch and beat the Vets on Standard with 8.57. Sally Turner was fastest woman on scratch with 20.52 and Arja Scarsbrook on standard with 8.05. Of the solos 4 riders were under 19 minutes, 25 under 20 minutes and 44 under 21 minutes. Fastest team on Standard was Drag2 Zero with 21.32 for Brett Davis, Lisa Davis and Nick Dwyer. Rachael Elliott and Ian Greenstreet won the tandem event recording 18.34 for a Standard of 8.33.

As usual thanks are due to the 16 officials who made the event possible. Some have helped for many years but we were joined this year by several newcomers whose help is so much appreciated. A number of riders expressed thanks especially for the "excellent marshalling" on the turns. Only one rider fell foul of the finishing rule (turn onto slip road before the arrow) and importantly, no rider was injured.

David Guy

For VTTA LHC Group.

VTTA riders Male Best on Standard

Position	First Name	Second Name	Club	Time	Plus
1	Richard	Oakes	Team Ohten Aveas	18:10	08:57
2	Tim	Hood	Team Bottrill	19:36	08:22
3	Kevin	Tye	VeloRefined Rule 5	19:30	08:21

VTTA riders Male fastest on Scratch time

Position	First Name	Second Name	Club	Time	Plus
1	Richard	Oakes	Team Ohten Aveas	18:10	08:57
2	Anthony	Turner	Mickey Cranks Cycling Club	18:54	08:02
3	Nick	Morgan	Hitchin Nomads CC	19:00	07:14

VTTA riders Women on Standard

position	first name	second name	Club	Time	Plus
1	Arja	Scarsbrook	Team Echelon	24:59	08:05
2	Linda	Dewhurst	Team Milton Keynes	22:59	07:57
3	Sally	Turner	trainSharp	20:52	07:50

VTTA riders Women on Scratch Time

position	first name	second name	Club	riding time	Plus
1	Sally	Turner	trainSharp	20:52	07:50
2	Louise	Robinson	Essex Roads CC	21:23	07:34
3	Lisa	Davis	DRAG2ZERO	21:47	07:20

Best VTTA Team of 3 on Standard

first name	second name	Club	Time	Plus
Lisa	Davis	DRAG2ZERO	21:47	07:20
Brett	Davis	DRAG2ZERO	19:39	07:07
Nick	Dwyer	DRAG2ZERO	20:32	07:05
total				21:32

Fastest 3 Non VTTA riders

	first name	second name	Club	Time
1	Alex	Doherty	DRAG2ZERO	18:14
2	Patrick	Casey	Team Lifting Gear Products	18:56
3	Adam	Baker	Royal Air Force Cycling Association	19:11

Tandems Winners

Position	first name	second name	Club	Time	Plus
1	Ian	Greenstreet	Newbury Velo	18:34	08:33
1	Rachael	Elliott	Newbury Velo	18:34	08:33
2	Christopher	York	Maldon & District CC	22:41	04:29
2	Joanne	York	Maldon & District CC	22:41	04:29

VTTA MEMBERS - MEN in plus order

Bib No	firstname	lastname	club	Position	Riding Time	plus/-
150	Richard	Oakes	Team Ohten Aveas	1	18:10	08:57
95	Tim	Hood	Team Bottrill	2	19:36	08:22
120	Kevin	Tye	VeloRefined Rule 5	3	19:30	08:21
100	Anthony	Turner	Mickey Cranks Cycling Club	4	18:54	08:02
128	Roger	Porter	Verulam CC	5	22:28	07:52
40	Neil	Mackley	...a3crg	6	19:48	07:49
90	Gaz	Poulson	Royal Air Force Cycling Association	7	19:24	07:48
131	Peter	Younghusband	Petersfield Triathlon Club	8	19:51	07:39
51	Steven	Cottington	Bath Cycling Club	9	20:18	07:33
15	Antony	Brown	George Fox Cycling Solutions	10	20:41	07:25
105	Colin	McDermott	Festival Road Club	11	19:47	07:25
135	Brendan	Reese	Army Cycling	12	19:09	07:18
115	Nick	Morgan	Hitchin Nomads CC	13	19:00	07:14
50	Howard	Bayley	Blazing Saddles	14	19:26	07:10
125	Graham	Winstone	ZeroBC Race Team	15	19:41	07:10
55	Brett	Davis	DRAG2ZERO	16	19:39	07:07
110	Nick	Dwyer	DRAG2ZERO	17	20:32	07:05
35	Robert	West	AeroCoach	18	19:32	07:04
45	David	Rumm	Southborough & Dist. Whs	19	20:17	07:01
56	Chris	Ford	High Wycombe CC	20	20:49	06:55
46	Paul	Willcox	North Road CC	21	19:36	06:51
7	Stephen	Murphy	Shaftesbury CC	22	21:53	06:46
112	Andrew	Jason	City Cycle Couriers RT	23	20:15	06:46
20	James	Perkins	Team Ohten Aveas	24	19:39	06:44
96	Matthew	Bagshawe	South Normanton C C	25	19:25	06:41
147	Peter	Richards	Icknield RC	26	21:01	06:36
42	Mat	Stephenson	Congleton CC	27	20:39	06:33
85	Sam	Wightman	Team Bottrill	28	19:52	06:31
43	John	Dowling	Hemel Hempstead CC	29	22:01	06:29
25	Mark	Arnold	VTTA (East Anglia Group)	30	20:14	06:27
48	Simon	Parkin	Belper BC	31	20:27	06:24
94	Cliff	Voller	Newbury RC	32	23:07	06:23
6	Mark	Woolford	Team Swindon Cycles	33	21:02	06:22
93	Paul	Winchcombe	Chippenham & District Wheelers	34	21:44	06:22
103	Mark	Halliday	North Bucks RC	35	21:22	06:22
37	Issy	Zimmerman	Verulam Really Moving	36	20:59	06:19
142	Gary	Pamment	CC Sudbury	37	20:42	06:14
11	Sheehan	Quirke	VC Veldrijden	38	21:18	06:12
57	Peter	Cottington	Bath Cycling Club	39	21:39	06:12
136	Conall	Yates	Team Solo Vinci	40	19:59	06:11
16	John	Lacey	Hemel Hempstead CC	41	21:27	06:10
122	Alastair	Semple	Stafford RC	42	21:03	06:09
86	Ian	Short	Team Salesengine.co.uk	43	20:34	06:07
121	David	Leighton	Severn Road Club	44	20:23	06:00
92	Geoff	Reynolds	Hemel Hempstead CC	45	21:27	05:57
117	Tony	Ball	Legato Racing Team (LRT)	46	21:13	05:54
87	Nick	James	Mickey Cranks Cycling Club	47	20:49	05:52
138	Michael	Edmunds	Verulam Really Moving	48	21:32	05:52
106	Martin	O'Sullivan	Teddington and Turing Velo	49	20:45	05:51
4	Paul	Smith	VeloRefined Rule 5	50	21:01	05:50
17	Stan	Nwaka	Verulam Really Moving	51	22:01	05:50
116	Lee	Francis	Velo Club Bristol	52	20:18	05:48
32	Martin	Stanley	Droitwich Cycling Club	53	21:32	05:46
111	Tony	Chapman	Frome and District Wheelers	54	21:05	05:46
108	Mark	Trevis	Informed Sport - LGC	55	20:26	05:44
26	Michael	Bennett	Bicester Millennium CC	56	21:25	05:42
146	Ashley	Roue	Mapperley CC	57	21:26	05:41

137	Murat	Ozdenya	Team Vision Racing - Silverhook	58	21:06	05:40
88	Daryl	Stroud	Gloucester City Cycling Club	59	21:51	05:39
53	Michael	Garvey	High Wycombe CC	60	21:52	05:32
28	Vincent	Douglas	Gloucester City Cycling Club	61	21:42	05:19
158	Brian	Lewis	Bicester Millennium CC	62	27:46	05:14
157	David	England	Crabwood Cycling Club	63	26:09	05:13
18	Mark	Thomas	Bigfoot CC	64	22:31	05:13
84	Andy	Oliver	Team Jewson - MI Racing ~Poly Pipe~McCann	65	21:55	05:12
98	Stu	Carver	North Hampshire RC	66	22:24	05:06
13	Tim	Radley	Gloucester City Cycling Club	67	21:39	05:02
47	Tim	Davies	CC Luton	68	22:10	05:02
118	Gerrard	Rafferty	Bedfordshire Road CC	69	22:17	05:01
22	Scott	Beard	Shaftesbury CC	70	21:59	04:47
12	Jason	Davies	Royal Air Force Cycling Association	71	22:17	04:39
114	Andrew	Grant	Chelmer CC	72	23:35	04:38
23	Dave	Johnson	VC 10	73	23:45	04:37
38	Brian	Evans	North Road CC	74	22:42	04:36
144	David	Prom	San Fairy Ann CC	75	22:26	04:35
149	Mike	Boyce	...a3crg	76	24:05	04:34
1	Richard	Moule	Bossard Whs	77	23:57	04:33
5	George	Turner	VTTA (London & Home Counties)	78	21:47	04:32
107	Andrew	Halliday	Westerley Cycling Club	79	22:22	04:29
8	Andrew	Cross	Velo-One Cycling Team (Staples Vegetables-Great British Farmers)	80	22:09	04:23
34	Marco	Lattughi	Bedfordshire Road CC	81	22:25	04:21
119	Philip	Strongman	Oxonian CC	82	23:21	04:16
19	Peter	Iffland	Chippenham & District Wheelers	83	23:22	04:15
24	Simon	Hunt	VéloElite RC	84	22:48	04:08
124	Ian	Radburn	Oxonian CC	85	23:17	04:01
10	Matt	Wilmington	Icknield RC	86	22:22	03:57
155	Les	Gardner	Maidenhead & District CC	87	26:25	03:55
59	Paul	James	VTTA West Group	88	23:03	03:53
104	Graham	Pepperdine	Verulam CC	89	23:44	03:53
148	Rob	Vessey	Pankhurst Cycles	90	24:01	03:43
113	Alistair	Sponsel	VTTA (Midlands)	91	22:46	03:37
3	Kevin	Humphreys	Sherwood CC	92	24:38	03:28
156	Paul	Valks	Lewes Wanderers CC	93	27:37	03:28
139	Robert	Jolliffe	New Forest CC	94	25:42	03:26
89	Victor	Campbell	Kenton RC	95	23:18	02:56
44	Phil	Laing	Lea Valley CC	96	23:28	02:42
129	Chris	Summers	Sotonia CC	97	26:38	02:41
41	Grant	Orsborn	Bedfordshire Road RT	98	25:31	02:27
109	Martin	Simmons	C C C P	99	25:04	02:20
49	Ken	Rayson	...a3crg	100	29:08	01:12
27	Simon	Inman	OVB		DNF	
30	Mike	Twelves	Team Ohten Aveas		DNF	
36	James	Moss	North Road CC		DNF	
97	James	Amy	VTTA (Kent)		DNF	
141	Sean	Hunt	Lincoln Wheelers CC		DNF	
21	Richard	O'Rourke	Team Vision Racing - Silverhook		DNS	
58	Tom	Cosgrove	VTTA (London & Home Counties)		DNS	
99	Peter	Anstey	Welwyn Whs		DNS	
130	Ian	Hope	Team Ohten Aveas		DNS	
9	Graeme	Church	QN Racing		DNSA	
14	Alastair	Merrill	VC 10		DNSA	
29	Matt	Boulton	Swindon Wheelers		DNSA	
31	Andrew	Grant	Cambridge CC		DNSA	

33	David	Butt	CC Weymouth	DNDA
39	David	Marshall	Hemel Hempstead CC	DNDA
52	Andrew	Derrick	Portishead Cycling Club	DNDA
54	Ian	Sherin	3C Cycle Club	DNDA
83	Andrew	Clarke	North Shropshire Wheelers	DNDA
91	Mark	Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	DNDA
101	Edward	Mellor	Mapperley CC	DNDA
102	Stephen	Knight	Wakefield Triathlon Club	DNDA
123	Chris	Spray	Ratae RC	DNDA
126	Mat	Wilson	VTTA (London & Home Counties)	DNDA
132	Ed	Watson	Ratae RC	DNDA
133	Matt	Prince	Icknield RC	DNDA
140	Joel	Stewart	Team Ohten Aveas	DNDA
143	Peter	Main	34 Nomads CC	DNDA
145	Paul	Schofield	Ely & District CC/B&T Motor Repairs	DNDA

A MEMBERS - WOMEN - in plus order

Bib No	first name	second name	Club	Position	riding time	plus/-
69	Arja	Scarsbrook	Team Echelon	1	24:59	08:05
76	Linda	Dewhurst	Team Milton Keynes	2	22:59	07:57
80	Sally	Turner	trainSharp	3	20:52	07:50
70	Louise	Robinson	Essex Roads CC	4	21:23	07:34
60	Lisa	Davis	DRAG2ZERO	5	21:47	07:20
65	Danuta	Tinn	Maidenhead & District CC	6	23:00	07:08
2	Joy	Payne	High Wycombe CC	7	24:08	07:07
75	Dena	Ford	High Wycombe CC	8	22:58	07:03
74	Judy	Reid	Icknield RC	9	24:20	06:27
61	Deborah	Beare	Icknield RC	10	22:15	06:18
134	Kirsty	McSeveney	...a3crg	11	22:22	06:16
64	Gail	Lowe	Congleton CC	12	23:52	05:49
72	Ann	Shuttleworth	Cambridge CC	13	24:24	05:30
73	Susan	Oldham	Bicester Millennium CC	14	24:54	05:21
63	Elizabeth	McKie	Verulam Really Moving	15	24:27	05:14
79	Sally	White	High Wycombe CC	16	25:21	04:47
77	Alison	Stephenson	Congleton CC	17	25:01	04:34
78	Samantha	Messenger	Bicester Millennium CC	18	25:10	04:13
81	Rachel	Green	Cheltenham & County Cycling Club	19	26:39	03:52
68	Su-Anne	Bullock	Icknield RC	20	24:53	03:49
82	Sara	Manwaring	Bicester Millennium CC	21	27:46	02:02
71	Helen	Roby	High Wycombe CC		DNDA	

NON VTTA RIDERS MEN AND WOMEN - riding time order

bib no	first name	second name	club	position	riding time		
165	Alex	Doherty	DRAG2ZERO	1	18:14	Senior	Male
159	Patrick	Casey	Team Lifting Gear Products	2	18:56	Junior	Male
162	Adam	Baker	Royal Air Force Cycling Association	3	19:11	Senior	Male
167	Mark	Bashford	East Grinstead CC	4	19:56	Senior	Male
160	Adam	Williams	St Neots CC	5	20:47	Senior	Male
164	Andrew	Jarratt	Southgate CC	6	21:01	Senior	Male
161	Hamish	McDougall	Team Lifting Gear Products	7	21:30	Senior	Male
163	Ashley	Steventon	Royal Air Force Cycling Association	8	21:55	Senior	Male
169	Gareth	Daniels	Icknield RC	9	22:31	Senior	Male
62	Frances	Lammyman	Abingdon Race Team	10	22:59	Senior	Female
166	Sam	Brown	6AM Cycling	11	24:05	Senior	Male
67	Gemma	Hayes	1904RT	12	24:39	Senior	Female

<b>127</b>	Eva	Zsigoova	...a3crg	<b>13</b>	25:37	Senior	Female
<b>66</b>	Lauren	Creamer	Velo Fixers		DNF	Senior	Female
<b>168</b>	Nathan	Buck	360VRT		DNFA	Senior	Male